

Very Easy

Less than 2 miles.

Flat or nearly level terrain.

Smooth, well-defined trail.

Kids OK? Yes

Easy

Flat or nearly level terrain.

Hard-packed trails.

Kids OK? Depends on length of hike

Easy/Moderate

Generally flat terrain, but with some gradual elevation changes.

Hard-packed trails with some uneven sections.

Kids OK? Older kids okay; depends on length of hike

Moderate

Generally undulating terrain with consistent elevation changes.

Generally hard-packed trail paths, but increasing sections of rocks, roots and other impediments.

Kids OK? Adult should have experience with hiking trail

Challenging

Variable terrain with consistent elevation changes.

Variable trail path conditions that could include obstacles (rock scrambling, fords, etc.).

Kids NOT OK